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Clinic information

Welcome to the Advanced Hair & Skin clinic (AHSC), we specialise in offering a range of proven, safe, highly successful services at a fraction of city prices.

The treatment options available at AHSC include non invasive treatments, IPL hair removal, photo-rejuvenation, skin health restoration, wrinkle treatments, dermal fillers ...

AHSC comes with the promise of high standards of treatment quality and care.

Every element of the AHSC experience is centred on our passion for inspiring confidence.

Our premises are fully registered and compliant with the Healthcare Commission.



Ellipse IPL treatments

PERMANENT HAIR REMOVAL

Put an end to slow, messy and painful methods of hair removal.

Shaving, waxing, tweezing and hair removal creams have been replaced by hair removal in a flash.

Ellipse IPL uses short, safe beams of light to remove unwanted hair from all body sites in minutes.

How does it work?

Hair contains pigment (melanin) that absorbs the light and converts it into heat. The hair transmits this heat into the hair follicle, which is then destroyed and rendered unable to produce a new hair.

How long does a treatment take?

Treatment can take 10 minutes for the upper lip to 60-120 minutes for legs or back. Between 6 – 8 sessions are required.

Safety

The treatment is approved by the FDA, who have deemed it safe. AHSC is registered with the Healthcare commission, a governing body responsible for monitoring independent hospitals and clinics in the country.

PRICES PER SESSION

Abdomen	from £100
Abdomen (belly button line)	£25
Arms: lower	£110
Arms: full	£175
Back	£265
Beard	£85
Bikini: standard	£68

Bikini: extended	£95
Bikini: full	£110
Buttocks	from £50
Chest/breast	from £95
Chin	£45
Full face	£95
Full Face (including neck)	£110
Half face	£80
Hands	£40
Legs: lower	£175
Legs: full	£345
Nipples	£45
Toes	£30
Underarms	£65
Upper lip	£35

Pay for 5 sessions up front and receive your
6th absolutely free

Ellipse IPL treatments



THREAD VEIN REMOVAL

What is it?

A method of destroying the thread vein by focusing an Intensed Pulsed Light beam onto the vein which is absorbed by the hemoglobin. When the temperature reaches about 60-70C, the blood coagulates, and the inner cells of the blood vessels denature. This causes the vein vessel to collapse. The vein then dissolves.

It's for the removal of narrow thread veins (broken blood vessels that break through the skin's top layer) on the face. Facial veins can be hereditary or occur as part of the ageing process, sun exposure or by a "flushing" skin condition known as rosacea.

How long does it take?

Quick. It takes only five or six seconds to treat a vein 3-4cm (1-2in) long. Nose/cheek area: 30 minutes.

Frequency of treatments

Usually one to three treatments at three week intervals.

Single veins

from £20

Cheek and nose

£85 per session

Visible results in one session

For veins not treatable with IPL
please see Sclerotherapy
on page 12 / 13

ACNE TREATMENT

The wide spectrum of Intense Pulsed Light used helps destroy bacteria and control the secretions in the sebaceous glands.

The IPL also has the beneficial side-effect of stimulating the production of new collagen in the skin, so improving skin texture and reducing the appearance of scarring. It can also reduce the appearance of red or brown areas of skin often associated with acne breakouts.

Price

on consultation

SKIN REJUVENATION (INTENSED PULSED LIGHT)

Excellent for pigmentation, rosacea, high colouring,
collagen boost and acne

The treatment works by directing well-controlled pulses of light into the upper skin layer. The light is absorbed by two of the body's own natural chemicals - melanin in the pigmented areas and haemoglobin in the red blood.

Both these pigments convert the light energy into heat. This heat is used to destroy the parts of the cells in which the melanin is stored, and to damage the walls of the vessels supplying blood to the areas where vascular damage is seen.

The visible light produced by the Ellipse Light systems are carefully controlled to produce the correct pulse length and right amount of energy to destroy the targets without damaging surrounding tissues.

The Ellipse Light Skin Rejuvenation system will treat diffuse redness and pigmented disorders caused by sun-damage and also improve the skin texture.

Sessions required

£100 per session

Clients usually need 1-3 treatments.

Chemical peels

TCA PEEL

A peel designed to improve overall skin texture and tone; also excellent for photo damaged skin and comedonal acne. Appropriate for all skin types.

Features and benefits

- Provides a smoother, softer appearance of the skin.
- Reduces fine lines and wrinkles.
- Evens skin colouring and lightens (superficial) pigmentation.

Aftercare and down-time

The skin may appear red and flushed immediately after the treatment. On the second day peeling may begin around the mouth, chin, cheeks. The neck and forehead are often the last areas to peel. Peeling usually occurs from the second to the seventh day following treatment. Prior to having this peel clients must prepare the skin with the Kit of products provided. It is also important to use these products following the treatment; during the peeling stage, and beyond to maintain the results. Between one and three treatments required dependant on the individual needs.

Price including preparation kit £300

MODIFIED JESSNERS PEEL

A peel designed especially for acneic skin conditions and the regeneration of new skin.

Features and benefits

- Dissolves the top layer of the stratum corneum.
- Provides a smooth, softer appearance of the skin.
- Reduces follicle blockage.
- Reduction in fine lines and wrinkles.
- Hydrates dry skin.
- Smooths rough texture.

- Helps lighten and diminish (superficial) pigmentation.
- Controls oil secretion.
- Prevents acne breakouts, comedones and milia.
- Eliminates and prevents razor bumps.
- Increases the skins ability to absorb home care products.

Aftercare and down-time

The skin may appear red and flushed immediately after the treatment. On the second day the skin may feel tight and appear tan in colour. Rarely, the skin may appear splotchy. On the third day peeling may begin around the mouth, chin cheeks and eyes. The neck and forehead are often the last areas to peel. Peeling usually occurs from the third to the seventh day following the treatment. Depending on the desired results 1-2 peel applications are advisable scheduled 3-4 weeks apart. This will be discussed during the initial consultation.

Price including preparation kit £300

PUMPKIN PEEL

An advanced exfoliation treatment, excellent for age management, acne and hyperpigmentation.

Features and benefits

- Improves skin hydration.
- Supports barrier function of the skin.
- Refines the appearance of wrinkles.
- Decreases existing acne and aids in preventing new acne lesions.
- Evens skin tone and lightens (superficial pigmentation).
- Stimulates collagen production.

Aftercare and down-time

There is minimum downtime with this peel. There may be a couple of days post treatment when the skin appears very dry and might shed slightly. Clients require between 1-6 treatments.

Price £75

Chemical peels

LACTIC ACID PEEL

An advanced resurfacing treatment, excellent for age management and hyperpigmentation. This peel is suitable for asian skin.

Features and benefits

- Improves skin hydration.
- Improves barrier function of the skin.
- Refines the appearance of wrinkles.
- Evens skin tone and lightens (superficial) pigmentation.
- Stimulates collagen production.

Aftercare and down-time

There is minimum downtime with this peel. There may be a couple of days post treatment when the skin appears very dry and might shed slightly. Clients require between 1-6 treatments.

Price

£75

DEPIGMENTATION TREATMENTS FOR MELASMA/CHLOASMA AND LENTIGO COSMELAN (LIGHTER SKIN) DERMAMELAN (DARKER SKIN)

Pigmentation or skin discolorations are caused by many factors including sun exposure, aging, hormonal fluctuations such as pregnancy or menopause and trauma to the skin such as acne. Successfully treating these indications is possible, lightening the visible discolorations and inhibiting the cycle which causes pigment to surface later can be achieved with Dermamelan/Cosmelan Depigmentation Treatment. The Dermamelan/Cosmelan Depigmentation Treatment consists of two phases; the 'in clinic' treatment and the 'at home' mask. It is imperative that both be used to achieve successful results.

Features and benefits

- Very efficient in all types of melasma and chloasma.
- Compatible with ALL skin types.
- Light peeling effect / Rejuvenation and luminosity of the skin.
- Treatment can start and be used all year round.
- No Hydroquinone.
- High safety margin.

Results

In 99% of the cases, the disappearance of the blemishes improves by 95%....Usually just one week after starting the Dermamelan/Cosmelan Depigmentation treatment, a noticeable significant improvement of the skin is observed! The reduction of the treated blemish is detected and the appearance of new luminous and rejuvenated skin is present. At the end of the Dermamelan/Cosmelan Depigmentation treatment, the blemishes start to disappear altogether, so that, although the client may be able to "locate" the place where the spot was, the truth is that the pigmentation will have disappeared and nobody will be able to see it just by looking at it.

PRICES

Dermamelan

£695

Initial treatment including aftercare.

Cosmelan

£595

Initial treatment including aftercare.

Mesotherapy

Treats localised fat reduction and cellulite. (as seen on GMTV)

Mesotherapy involves the injection of a specially prepared mixture of vitamins, amino acids, and medications, placed just millimetres under the skin into the problematic area. This treatment is performed by the clinic nurse. Treatment is done once a week, clients may need between 8-16 treatments depending on the area being treated.

Cellulite

Mesotherapy melts the fat in the skin and breaks up the network of connective tissue fibers that form trapping fat cells and resulting in cellulite.

The fat dissolves and, as occurs when fat is broken down during typical weight loss, is carried through the bloodstream and excreted by kidneys and bowel.

Localised fat reduction

Mesotherapy can be used to eliminate double chins, "love handles" and any other areas where your body pockets fat. Mesotherapy has a vast improvement over other treatments such as liposuction because it is a non surgical procedure and requires no down-time. The fat deposits flush out of specific areas and the body will not regain the weight in other areas. The treatment will only work if the client maintains a healthy diet and regular exercise.

Side effects

A common side affect of mesotherapy is bruising, which generally resolves after a week. Arnica is applied post treatment to minimise bruising.

Body areas that can be treated include:

- Upper abdomen.
- Lower Abdomen.
- Bottom.
- Thighs.
- Hip flanks (love handles).
- Knees.

- Ankle/calve junction.
- Arms (bingo wings).

Price from £65 per session

Double chin and under eye bags £35 per session

Sclerotherapy

Sclerotherapy is a simple, straightforward procedure, giving excellent results. It is a treatment used for 'spider veins' which are thread veins that the IPL system can not work on. It involves a series of small injections with a tiny needle of a 'sclerosant' solution to the affected areas.

The solution sets up an irritation in the vein wall, which, on compression of the vein, causes it to close and therefore fade. It is a safe and well-established practice. The treatment is performed by a fully qualified nurse. Prices depend on the size of the area.

Price on consultation

Decléor treatments

DECLÉOR
PARIS

FACE

Decléor aroma youth facial (for skin aged 30+)

A luxurious anti-aging treatment which remineralises and moisturises the skin, whilst restoring firmness which leaves the skin feeling smooth, supple and more relaxed (includes hand and arm massage).

Price £45 (1 hour 10 minutes)

Decléor aroma expert nourish facial (for dry and very dry skin)

This deeply nourishing treatment with essential oils of Rose, Neroli and Petit-Grain immediately replenishes lost moisture and reinforces the skin's barrier function, enabling it to combat harsh external aggressions.

Price £45 (1 hour 10 minutes)

Decléor aroma expert purify facial (for oily and combination skin)

This treatment is effective in cleansing and purifying oily and problem skin, restoring radiance and leaving the skin clean and clear (includes hand and arm massage).

Price £45 (1 hour 10 minutes)

Decléor aroma expert radiance facial (for pigmentation and dull skin)

This intensive treatment harnesses the benefits of pure vitamin C and the White-Bright complex to reduce areas of excess pigmentation and brighten the entire complexion for a truly radiant skin.

Price £45 (1 hour 10 minutes)

Decléor aroma expert soothe facial (for sensitive skin)

This calming facial brings immediate comfort to stressed skin that can't bear to be touched. It not only soothes and rebalances the epidermis but also increases the tolerance level of reactive skin leaving the complexion smooth and cool.

Price £45 (1 hour 10 minutes)

Decléor essentially yours facial (for all skin types)

This Decléor facial starts with a diagnostic back massage – a period of deep relaxation whilst the therapist analyses your skin. The aim is to choose products that either renew cells faster, improve elasticity or eliminate impurities. This facial also includes a relaxing hand and arm massage.

Price £40 (55 minutes)

Decléor mini facial (for all skin types)

The perfect introduction to the Decléor experience incorporating a relaxing cleanse and tone with the revitalising effects of a natural peel and cream mask chosen specifically for your skin type.

Price £25

VITAL EYES

An intensive eye treatment designed to relieve tension. The appearance of dark circles and puffiness are reduced. All traces of fatigue are diminished.

Price £27 (25 minutes)

Can be incorporated into any of the above facial treatments.

Decléor treatments

BODY

Decléor stress relaxer aromassage

A full body, face and scalp treatment which combines unique massage techniques, including Thai and Shiatsu, with a new concept in using warm aromatherapy balms. Chosen by your therapist to suit your individual needs, they'll either promote relaxation, boost circulation, combat toxins or restore firm and healthy skin.

Price £62 (1 hour 25 minutes)

Decléor aroma body brilliance prescriptive wrap

This luxurious envelopment starts with a full body exfoliation using freeze-dried herbs. This is followed by a body mask, which is personally selected for you to either help de-stress, eliminate toxins, aid circulation or soothe the dry skin conditions. Including a scalp massage this treatment is an ideal boost.

Price £48 (55 minutes)

Decléor aroma sumptuous mother to be

A safe, relaxing treatment combining the face and body. Specifically designed for expectant Mums (3 months and onwards). The treatment improves elasticity of the skin, helps fluid retention and aids the prevention of stretch marks.

Price £50 (55 minutes)

Environ treatments

At Advanced Hair & Skin Clinic Care we specialise in Environ skin treatments. Your treatment plan will be carefully devised to allow optimal strengths of antioxidant vitamins A and C plus growth factors. This is the first comprehensive treatment against the most visible signs of ageing, the treatment of acne, pigmentation and scarring. All Environ treatments incorporate the use of the lonzyme DF machine.

Environ lonzyme DF machine

At the forefront of scientific skin care, the DF machine combines two highly sophisticated scientific methods to enhance penetration of vitamins into the skin.

- Pulsed iontophoresis - uses specifically pulsed electrical currents to facilitate greater penetration of vitamins.
- Low frequency sonophoresis - uses sound waves to transport vitamin molecules through the skin.

This dynamic combination can be effectively used on large surface areas like the face and neck, and for particular problems like stretch marks and cellulite. Sonophoresis can also be used by itself on specific areas such as the upper lip, fine lines around the eyes, scar tissue and pigmentation. A full skin analysis and consultation is required to determine a treatment plan.

Vitamin C hydration facials

This treatment will revitalise your skin, remove dead skin cells, stimulate cellular renewal and improve hydration levels leaving your skin softer and younger looking. Assists with pigmentation, fine lines and wrinkles.

Price £60

Colostrum regenerative facial

Colostrum supports the production of healthy collagen, elastin and growth factors as well as immune boosters. This treatment is recommended for a more mature, sun damaged skin, a fine menopausal skin, or an acne prone skin.

Price £60

Environ treatments

Impact facial

Providing high doses of Vitamin A in the form of retinol, this treatment is a must for upper and lower eyelids, lax neck skin, upper lip lines, pigmentation marks and scarring.

Price £65

Acne facial treatment

A specialised treatment for congested, acne prone skin.

Price £45

Remarkable results are achieved after only 3 months

Dermal fillers

Dermal fillers are a crystal-clear gel form of hyaluronic acid, a substance that occurs naturally in the body. The hyaluronic acid holds water, which hydrates and gives volume to the skin.

They are used for wrinkles, and deep folds such as the nasolabial area (lines that run from nose to mouth) and the glabella region (frown lines between the brows). They are also used for augmentation of the lips and for filling out acne scars and other types of tissue deficiencies.

The application of these treatments is via injection, performed by a fully qualified nurse. As with any injection to the sensitive tissues of your face, you may experience some tenderness or light swelling for a few hours after the injection, but most people report little discomfort and the benefits can be seen within a few days.

Price from £250 per syringe

Wrinkle injections

Our injections are carried out by a fully qualified nurse. Using a micro-needle, minute amounts of Botulinum Toxin are injected into specific facial muscles. It relaxes those muscles and stops them forming lines and wrinkles, resulting in a more youthful appearance.

Can be used for:

- Wrinkle and frown line reduction.
- Migraine and tension headaches.

There can be some bruising around the injection site which may be there for a few days. After approximately 4-14 days you can see the results. 'Top-up' injections are usually required every 6-9 months.

PRICES

One area	£170
Two areas	£200
Three areas	£280

Semi permanent make-up

Imagine being able to look in the mirror everyday and see perfect brows, striking eyes and beautiful lips.

With permanent cosmetics you can achieve all that and much more- from the moment you get out of bed in the morning you'll look instantly radiant.

PRICES

Eyeliner top or bottom	£200
Eyeliner top and bottom	£275
Lash enhancement top or bottom	£175
Lash enhancement top and bottom	£225
Lip line	£250
Lip blush	£325
Anti aging re-design lip blush	£345
Full lip colour	£400
Powdered brow	£250
Natural hair stroke brow	£300
Anti aging re-design hair stroke brows	£345
Beauty spot	£75

Holistic therapies

Be beautiful on the inside too!

- Reflexology.
- Life Coaching.
- Neuro Linguistic Programming.
- Person Centered Counselling.
- Hypnotherapy.
- Auricular Acupuncture.
- Emotional Freedom Technique.
- Bach Flower Remedies.
- Reiki.

Life coaching seminars

Why have coaching?

One of the main reasons a person might choose to have coaching is because they are unhappy with their present situation and wish to improve or change it in some way.

Coaching helps you to identify the goals that you previously may not have been aware of, giving you clarity, focus and direction, resulting in change that is both positive and long lasting.

Coaching is about moving forward with confidence and attaining your goals at a pace that's right for you, it raises your awareness that you are responsible for your life and are empowered to make those changes with the right kind of support, encouragement and motivation.

**Life coaching seminars are held at the clinic.
Please call for dates**

Clinic information

GIFT VOUCHERS

An Advance Hair and Skin Clinic voucher makes the perfect gift. The gift vouchers are available in monetary values or for certain treatments/products. The vouchers are beautifully presented-so treat some one you love to a life changing gift.

Payment

Advanced Hair and skin clinic accept all major credit cards.

OPENING TIMES

Monday	CLOSED
Tuesday	9.30am – 8.00pm
Wednesday	9.30am – 7.00pm
Thursday	9.30am – 8.00pm
Friday	9.30am – 5.00pm
Saturday	10.00am – 2.00pm
Sunday	CLOSED

